



# Tadpoles

3's & 4's   
Regular Day

| 6/16/2011                  | Monday  | Tuesday                                     | Wednesday                                   | Thursday                                    | Friday                                      |
|----------------------------|---|---|---|---|---|
| 8:50 - 9:00 AM             | ARRIVAL AND OPENING EXERCISES                   |   |   |   |   |
| 9:10 - 9:20 AM             | DISMISSAL TO LOCKER ROOMS AND FIRST PERIOD      |   |   |   |   |
| 9:25 AM<br>TO<br>10:00 AM  | Water Play<br>and/or<br>Swim<br>Instruction     | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction |
| 10:00 AM<br>TO<br>11:00 AM | Water Play<br>and/or<br>Swim<br>Instruction     | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction |
| 11:00 AM<br>TO<br>11:35 AM | Crafts  | Cooking                                     | Sports<br>&<br>Games                        | Music<br>and<br>Songtime                    | Science<br>&<br>Nature                      |
| 11:35 AM<br>TO<br>12:10 PM | Yubas<br>Playground                             | Yubas<br>Playground                         | Yubas<br>Playground                         | Yubas<br>Playground                         | Yubas<br>Playground                         |
| 12:10 PM<br>TO<br>1:10 PM  | Fun in the Sun<br>-----<br>Lunch                | Fun in the Sun<br>-----<br>Lunch            | Fun in the Sun<br>-----<br>Lunch            | Fun in the Sun<br>-----<br>Lunch            | Fun in the Sun<br>-----<br>Lunch            |
| 1:10 PM<br>TO<br>1:45 PM   | Dance<br>&<br>Rhythm                            | Sports<br>&<br>Games                        | Crafts                                      | Sports<br>&<br>Games                        | Miniature<br>Golf                           |
| 1:45 PM<br>TO<br>2:15 PM   | Rest and<br>Quiet Time                          | Rest and<br>Quiet Time                      | Rest and<br>Quiet Time                      | Rest and<br>Quiet Time                      | Rest and<br>Quiet Time                      |
| 2:15 PM<br>TO<br>3:15 PM   | Water Play<br>and/or<br>Swim<br>Instruction     | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction | Water Play<br>and/or<br>Swim<br>Instruction |
| 3:15 - 3:30 PM             | Change and Prepare for Closing Exercises        |   |   |   |   |
| 3:30 - 4:00 PM             | Closing Exercises and Dismissal Girls Locker #3 |   |   |   |   |

PROGRAM NOTES: Changing in and out of swimwear takes place at the beginning and end of each swim period. Snacks are served after the morning swim and before the afternoon swim.